

Welcome to an Adventure!

Symphony and Art of Possibility

"I decided that adventure was the best way to learn..." Lloyd Alexander

"It is only in adventure that some people succeed in knowing themselves - in finding themselves." André Gide

Innovative Teaming Solutions t/a Corporate Adventures Ck 2009/065846 / 23 Visit us at <u>www.corporateavdenture.co.za</u>



Thank you for the opportunity to put a proposal forward.

Please see our overview below. We suggest this as a starting point, should this be something you are interested in, we can meet to discuss fine tuning it to your context to ensure that the session is tightly aligned to your strategy.

What we do and what's in it for your team

We believe that people learn best when they are fully engaged in the process and can see the value to themselves.

We also believe that adventure, fun and exploration provide great vehicles in which to create an experience that creates both team and self-awareness, which can be harnessed to create the team's own High Performance Recipe.



So what's in it for you and your team?

- A fun day out, tailored to the needs of your team on both a physical and emotional level.
- A tangible outcome, chosen by you, based on our outcome levels:

Level 1	Just to have fun! No debriefing after the chosen activities, the team simply enjoys the event and each other's company.	
Level 2	A short debriefing is held after the activity to highlight any key "Aha" moments that the team experienced. The focus is still very much biased towards the fun aspect.	
Level 3	A structured brief and debrief are held prior to and after the activity. Practical and readily implemented actions plans are created from the discussion on a team and individual level. These are captured and sent to the team in a report.	
Level 4	 Thorough scoping is done with the client to identify areas of strength and areas for development within the team and to understand the team context. Outcomes for the teambuilding event are agreed upon based on this and a suitable program designed. The activities themselves are held outdoors, the setting is informal and fun, but thorough discussion is held at each segment of the program and action plans created. Each individual as well as the team as a whole creates pledges which are framed with a team photo and sent back to the team within two weeks. A follow up meeting is held 4 -6 weeks post team build to unpack how the action plans are going and discuss any further insights and obstacles. 	

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The Symphony and Art of Possibility

The team would start off their teambuilding afternoon with the art of possibility and put this into practice with a two hour "Symphony" session. See the details below.

The Corporate Adventure's "Art of Possibility" team build.

Activity	Description	Outcome
The Art of Possibility	Using some of the principles from the book as well as concepts unique to Corporate Adventures, we guide the group through some interactive activities to challenge their mindsets, shift their perception and take control of their reality by challenging dominant ways of thinking. We cover three levels: 1. Personal 2. Team 3. Organisational	 Fresh mindset around owning your future and becoming CEO of your own life. Challenging accepted ways of doing things and our own habits to create better and more productive processes and habits. A fresh look at individual strengths and brand. Practical ways to see an seize opportunities Practical goals and action plans for all three levels.

The Symphony

With the aid of a music teacher and our facilitators, the team gets to put together a musical symphony using a large collection of different percussion instruments.

The resulting sense of satisfaction and melody are a great team spirit booster and a perfect wrap up to the Art of Possibility.



The learning



During the debrief we would explore the following:

Playing a musical instrument can be a real challenge for some, adding the complexity of playing with others enhances the challenge. How did it feel before, during and after and what does this mean for us in terms of growth and progress?

Bearing in mind that the team also works a lot away from the office and do not get to see each other much, this would provide the perfect opportunity for them to do something together that creates a common goal, whilst all playing their own instruments.

Terms and Conditions:

- Acceptance and confirmation is based upon receipt by us of a signed booking form and 50% deposit for the Amazing Race costs and full venue payment.
- Full payment due for the Amazing Race 48 hours prior to the start of the event.
- There is a 100% cancellation fee if cancelled within 10 days before the team build.
- There is a 50% cancellation fee if cancelled between 10-20 days.

I trust that this proposal addresses fully the requirements you expressed, and that it contains all the detail you require. Should you wish to discuss any aspect of the proposal with me, please do not hesitate to contact me at any time convenient to yourself.

Warm regards

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